

## For The Hands & Feet...

|                                     |         |     |     |
|-------------------------------------|---------|-----|-----|
| Jessica Prescriptive Manicure       | 60 mins | £80 | £64 |
| Jessica Zenspa Deluxe Pedicure      | 60 mins | £80 | £64 |
| Jessica Geleration Manicure         | 60 mins | £85 | £68 |
| Jessica Geleration Pedicure         | 60 mins | £85 | £68 |
| Gentlemen's Club – Hand & Nail Care | 30 mins | £55 | £44 |
| Executive Footcare for Men          | 30 mins | £55 | £36 |
| Gel Removal (Additional)            | 30 mins | £35 | £28 |
| French Polish (Additional)          | 15 mins | £25 | £20 |

## Add on Treatments...

|                                        |        |     |     |
|----------------------------------------|--------|-----|-----|
| Relax & Restore Hot Stones Massage     | 15 min | £35 | £28 |
| Relax & Restore Hot Oil Scalp Massage  | 15 min | £35 | £28 |
| Hydrate & Soothe Indulgent Hand Ritual | 15 min | £35 | £28 |
| Hydrate & Soothe Indulgent Foot Ritual | 15 min | £35 | £28 |
| Truffleseque Radiance Mask             | 15 min | £35 | £28 |
| Replenishing Eye Ritual                | 15 min | £35 | £28 |
| Targeted Body Exfoliation              | 30 min | £70 | £56 |



Scan the QR code for more  
information on each treatment.

Lincombe Hall Hotel & Spa, Meadfoot Road, Torquay, Devon, TQ12JX

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# LINCOMBE SPA

## Treatments



TEMPLESPA



JESSICA®

20% Hotel  
Guests Discount

## Wellbeing Massages...

|                                                                            |         |      |      |
|----------------------------------------------------------------------------|---------|------|------|
| Drift Away<br><i>Relaxing Aromatherapy Massage</i>                         | 60 mins | £120 | £96  |
| Feeling Good<br><i>Energising Aromatherapy Massage</i>                     | 60 mins | £120 | £96  |
| Work it Out<br><i>Reviving Deep Tissue Massage</i>                         | 60 mins | £120 | £96  |
| New Beginnings<br><i>Relaxing Pregnancy Massage</i>                        | 60 mins | £120 | £96  |
| Rocks of the Mediterranean<br><i>Relax &amp; Restore Hot Stone Massage</i> | 75 mins | £140 | £112 |

## For the Body...

|                                                                                     |         |      |      |
|-------------------------------------------------------------------------------------|---------|------|------|
| Aaahhh! Leg & Foot Energiser<br><i>Revive &amp; Energise Foot and Leg Treatment</i> | 30 mins | £75  | £60  |
| Back to Life<br><i>Purify &amp; Balance Back Treatment</i>                          | 45 mins | £90  | £72  |
| The Outer Glow<br><i>Glow &amp; Radiance Body Treatment</i>                         | 45 mins | £90  | £72  |
| The Body Detox<br><i>Purify &amp; Balance Body Treatment</i>                        | 60 mins | £120 | £96  |
| VIP Golden Truffle Experience<br><i>Firm &amp; Lift Body Experience</i>             | 60 mins | £135 | £108 |

## Top-To-Toe Experiences...

|                                                                                      |          |      |      |
|--------------------------------------------------------------------------------------|----------|------|------|
| Thermal Tranquillity<br><i>Ultimate Back, Face &amp; Scalp Experience</i>            | 90 mins  | £180 | £144 |
| The Mediterranean Mini Break<br><i>Hydrate &amp; Soothe Face and Body Experience</i> | 90 mins  | £180 | £144 |
| My Kinda Mood<br><i>Smooth &amp; Firm Face and Body Experience</i>                   | 120 mins | £210 | £168 |
| New Beginning Total Retreat<br><i>Pregnancy Face &amp; Body Experience</i>           | 120 mins | £210 | £168 |
| Total Glow Up<br><i>Glow &amp; Radiance Face &amp; Body Experience</i>               | 120 mins | £225 | £180 |
| The Serious Detox<br><i>Purify &amp; Balance Face and Body Experience</i>            | 150 mins | £250 | £200 |

## Results Driven Facials...

|                                                                 |         |      |      |
|-----------------------------------------------------------------|---------|------|------|
| My Kinda Skin<br><i>Prescription Facial</i>                     | 60 mins | £115 | £92  |
| Mediterranean Marinade<br><i>Hydrate &amp; Soothe Facial</i>    | 60 mins | £115 | £92  |
| The Skin Detox<br><i>Purify &amp; Balance Facial</i>            | 60 mins | £115 | £92  |
| Go Guy Facial<br><i>Executive Men's Facial</i>                  | 60 mins | £115 | £92  |
| All About the Glow<br><i>Glow &amp; Radiance Facial</i>         | 60 mins | £135 | £108 |
| Repose Aromatherapy Facial<br><i>Relax &amp; Restore Facial</i> | 75 mins | £135 | £108 |
| Champagne & Truffles Deluxe<br><i>Firm &amp; Lift Facial</i>    | 90 mins | £170 | £136 |

## Firm & Lift Treatments...

|                                                                                                |          |      |      |
|------------------------------------------------------------------------------------------------|----------|------|------|
| Champagne & Truffles Deluxe<br><i>Firm &amp; Lift Facial</i>                                   | 90 mins  | £170 | £136 |
| Rose Quartz & Truffles Massage<br><i>Firm &amp; Lift Body Treatment</i>                        | 90 mins  | £180 | £144 |
| Luxury VIP Golden Truffle Experience<br><i>Firm &amp; Lift Luxury Face and Body Experience</i> | 120 mins | £225 | £180 |

## For the Menopause...

|                                                                                              |         |      |      |
|----------------------------------------------------------------------------------------------|---------|------|------|
| Your Best You, Menopause Relief<br><i>Hydrate &amp; Soothe Menopause Body Treatment</i>      | 60 mins | £135 | £108 |
| Your Best You, Truffle Luxury<br><i>Hydrate &amp; Soothe Menopause Luxury Body Treatment</i> | 90 mins | £180 | £144 |